Just a Little Talk with Jesus

Items needed: A favorite stuffed animal or toy

Bible truth: Prayer is just a conversation with God

Bible verses: 1 Kings 19:13b-15 - Then a voice said to him, "What are you doing here, Elijah?"

He replied, "I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

The Lord said to him, "Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram.

1. <u>Teach:</u> Did you know that praying is just having a little talk with God? Did you know you can talk to God the same way you talk to me or to your stuffed animals? God loves it when we talk to him.

There was a man named Elijah who was a prophet. Prophets were people who told the people what God needed them to hear. Elijah was having a really hard time. The king and queen were trying to kill Elijah, because God was having him tell the king and queen things they did not want to hear. The king and queen had also been killing Elijah's friends. Elijah was feeling pretty crumby.

What's a guy having a hard time supposed to do? He talks to his best friend, and tells him all about it. If you read 2 Samuel 19:13b-15 you hear a piece of Elijah's conversation with God.

Elijah's not the only one who talked to God. In the Bible you can read about so many of these conversations. Moses talked to God. David talked to God in songs in the book of Psalms. We even have an example of Jesus having a conversation with God in John 17.

2. <u>Do:</u> How do we talk to each other? Give your stuffed animal a greeting, (Hi! Hello! How are you doing?)

Tell your stuffed animal something that you love about them? Tell your stuffed animal something that you are worried about? Tell your stuffed animal something that you hope for a friend? (I hope my friend gets better. I hope my friend has a great day.)

Tell your stuffed animal goodbye. (Bye! See you later. See you tomorrow.)

3. <u>Discuss</u>: The conversation that you just had with your stuffed animal is just like a prayer. Can your stuffed animal really do anything? Who can listen and help us and our friends when we need help?

So if prayer is just a little talk with God, what are some times that we might go to God for a chat? (happy, sad, worried, excited, proud, etc).

What are some things we can discuss with God? (Anything.)

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